

Anti-Racism Learning (for home or groups) – JUNE Characteristics and Antidotes of White Supremacy Culture

<https://www.showingupforracialjustice.org/white-supremacy-culture-characteristics.html>

June - Right to Comfort (final one!)

QUESTIONS TO CONSIDER WHILE READING:

Where is this characteristic in myself? How is it present in my life?

Where is this characteristic in our Fellowship?

How is it present in Unitarian Universalism?

How am I challenged by understanding this characteristic as part of White Supremacy Culture (WSC)? How is it surprising and/or obvious?

Which antidotes to this WSC are also present in myself and our Fellowship? What new ideas could be employed to address this characteristic?

What are some ways we, as individuals and as a congregation, can understand more about this characteristic and countermeasures we can take to unlearn it *as our default*?

101 Information on White Supremacy Culture:

What is WSC?

<https://www.showingupforracialjustice.org/white-supremacy-culture.html>

Ten insidious examples of WSC:

<https://everydayfeminism.com/2015/09/white-supremacy-everyday-life/>

Right to Comfort

- the belief that those with power have a right to emotional and psychological comfort (another aspect of valuing logic over emotion)
- scapegoating those who cause discomfort
- equating individual acts of unfairness against white people with systemic racism which daily targets people of color

Antidotes: understand that discomfort is at the root of all growth and learning; welcome it as much as you can; deepen your political analysis of racism and oppression so you have a strong understanding of how your personal experience and feelings fit into a larger picture; don't take everything personally