

Anti-Racism Learning (for home or groups) – MAY Characteristics and Antidotes of White Supremacy Culture

<https://www.showingupforracialjustice.org/white-supremacy-culture-characteristics.html>

May - Objectivity

June - Right to Comfort

QUESTIONS TO CONSIDER WHILE READING:

Where is this characteristic in myself? How is it present in my life?

Where is this characteristic in our Fellowship?

How is it present in Unitarian Universalism?

How am I challenged by understanding this characteristic as part of White Supremacy Culture (WSC)? How is it surprising and/or obvious?

Which antidotes to this WSC are also present in myself and our Fellowship? What new ideas could be employed to address this characteristic?

What are some ways we, as individuals and as a congregation, can understand more about this characteristic and countermeasures we can take to unlearn it *as our default*?

101 Information on White Supremacy Culture:

What is WSC?

<https://www.showingupforracialjustice.org/white-supremacy-culture.html>

Ten insidious examples of WSC:

<https://everydayfeminism.com/2015/09/white-supremacy-everyday-life/>

Objectivity

- the belief that there is such a thing as being objective
- the belief that emotions are inherently destructive, irrational, and should not play a role in decision-making or group process
- invalidating people who show emotion
- requiring people to think in a linear fashion and ignoring or invalidating those who think in other ways
- impatience with any thinking that does not appear logical to those with power

Antidotes: realize that everybody has a world view and that everybody's world view affects the way they understand things; realize this means you too; push yourself to sit with discomfort when people are expressing themselves in ways which are not familiar to you; assume that everybody has a valid point and your job is to understand what that point is