

## **CARE TEAM (CT) MEMBER**

### **Position Description and Application**

#### **Purpose of the Position:**

To collaborate with the ministers (especially Assistant Minister Ali) in order to:

- offer emotional support, spiritual encouragement, and pastoral care in situations of transition and difficulty
- maintain connection with those in our Fellowship community who need special attention

#### **Responsibilities:**

- Listen compassionately to those who need a pastoral presence.
- Care for people without trying (or feeling a responsibility) to fix them and their problems!
- Check in with people (usually via phone or email) to see how they are doing and if they need support.
- Report back to ministers about connections made, stories told, and needs outstanding.
- Attend monthly reflection meetings and initial training.
- Be available to ministers via email and phone; read/listen and respond to messages within 36 hours (excepting vacations and other unusual, occasional circumstances).
- Refer pastoral care recipients to minister(s) and/or professional crisis assistance as necessary and appropriate.
- Attend worship service(s) regularly to serve afterward as a point of connection for those who wish to get support.

#### **Qualifications:**

CT members will have good boundaries and open, compassionate spirits. They will be able and willing to communicate, including reaching out to those they don't yet know. CT members are expected to maintain strict confidentiality. They will be willing to ask for help or support. They will be reliable with excellent follow through! In order to promote a Fellowship culture of safety, we perform confidential basic background checks on CT members. CT members must attend regular monthly meetings on the first Tuesday of the month.

#### **Amount of Time Required:**

CT members typically devote about ten hours a month to this role.

#### **Length of Commitment:**

Two years, with the possibility of renewal.

#### **Training and Support Provided by:**

The ministers, with Ali in the lead.

#### **Responsible to:**

Ali, with Rev. Leah and Rev. Christina made available in her absence.

**Title:** Care Team Member or Lay Minister.

## **CARE TEAM MEMBER APPLICATION**

Name:

Email address:

Phone number:

1) Why would you like to be a member of the Care Team?

2) Do you have experience deeply listening? If so, please briefly describe:

3) What, if any, spiritual practices do you have?

4) What are your most significant core ethical, spiritual, and/or religious beliefs?

**Return to Ali at [ali@fvuuf.org](mailto:ali@fvuuf.org) or the Fellowship office.**