



## **Fox Valley Unitarian Universalist Fellowship Principles for a Healthy Congregation**

The members of the Fox Valley Unitarian Universalist Fellowship reaffirm that we will journey together as a diverse community bonded by love in our interactions with each other.

We strive to nurture trust, respect, and celebration of diversity in our relationships with each other.

- Welcoming dialogue.
- Listening carefully to each other, seeking both to understand and to be understood.
- Challenging ourselves and each other to grow.
- Keeping our individual needs in balance with the health and vitality of the community as a whole.

We strive to promote honest and respectful communication as the basis of healthy relationships in community.

- Communicating openly and directly with each other, including when we disagree.
- Showing compassion and humility in our relationships.
- Demonstrating grace and forgiveness toward ourselves and each other.
- Providing our paid and volunteer leaders with clear expectations, clear communication, and reliable support.

We strive to address change and conflict within our community with openness and respect.

- Balancing tradition and change.
- Addressing divisive or damaging behavior straightforwardly.
- Being firm in our commitment to seeking a mutual solution to our conflicts.
- Accepting skilled help when needed to reach an agreement or reconciliation.